# Resistance to Change: The Moderating Effects of Leader-Member Exchange and Role Breadth Self-Efficacy

Nur Izzah Mohd Radzi and Rozhan Othman

Malaysia-Japan International Institute of Technology Kuala Lumpur Campus, Universiti Teknologi Malaysia, Kuala Lumpur, Malaysia

Email: n.izzahradzi@gmail.com, dr\_rozhan@yahoo.com

*Abstract*—The prevalence of resistance during change initiatives is well recognized in the change management literature. The implementation of the lean production system is no exception. It often requires substantial changes to processes and the way people work. As such, understanding how to manage this resistance is important. One view argues that the extent of resistance during change depends on the characteristics of the change process. This view posits that resistance can be reduced if organizations manage information flow, create room for participation and develop trust in management. In addition, this paper also proposes that is Leader-Member Exchange (LMX) and Role Breadth Self-Efficacy (RBSE) moderate the effect on the employees' resistance to change.

*Index Terms*—change management, Lean Production System (LPS), resistance to change, Change Process Characteristics (CPC), NEED For STRUCTURE (NFS), Leader-Member Exchange (LMX) and Role Breadth Self-Efficacy (RBSE)

## I. INTRODUCTION

The literature on change management has long been recognized on the role of resistance from the employees [1]. This is because change often creates uncertainty and requires new learning and behaviour. Resistance is even more profound in the complex change initiatives. The implementation of the Lean Production System (LPS) is one such complex process. This is because the LPS consists of many interconnected components (i.e. Total Quality Management, Total Preventive Maintenance, Human Resource Management and Just-in-Time) [2]-[4].

Besides difficulties in understanding a complex change process, change can also threaten the sense of security of individuals due to uncertainty. Past studies have found that perceived uncertainty affect support for change. People who experience uncertainty feel insecure of the changes [5]. As a result employees develop resistance to change. The same can also happen in the LPS implementation. In addition, resistance is the primary cause of failure in most change efforts [5]-[6]. Resistance to change can generally be divided into two forms. One is

Manuscript received July 10, 2014; revised September 16, 2014.

resistance due to organizational characteristics and another is resistance due to personal characteristics.

In spite of this, various models and prescriptions on how to deal with resistance have been offered by various authors [7]-[9]. However, the literature on the LPS has not incorporated these ideas in their discussion on the LPS initiatives. In this paper, we will address the role of a number of predictors and moderators on the employees' resistance to change during the LPS initiatives. Specifically, we propose that individuals react differently to the change. Some may accept and embrace it while others may resist it [10]. The extent that employees resist to change is affected by the characteristic of the change process and by the personal predisposition of the employees. We also propose that these relationships are moderated by relationship employees have with their leaders and their self-assessment of their ability to learn new skills.

#### II. LITERATURE REVIEW

In spite of the high interest in the LPS, evidence shows that the LPS initiatives have had mixed results [11]-[13]. While some adopters of the LPS experienced success, others experienced failure.

Past studies on the LPS initiatives have been about the techniques adopted but have not treated it as a change management process [14]. It is argued that the rate of success of change initiatives mostly seen from technical perspectives instead of understanding how the change is managed successfully [14]. This paper proposes that there is a need to understand the LPS adoption as a change management initiative. This understanding will enable us to draw from the knowledge of change management to improve the LPS initiatives.

There is a considerable discussion in the change management literature about how change should be managed and various models to be approached that organizations can take [8]-[9], [15]. One model proposes that change management should have three elements. These are effective information dissemination, employees' participation and a high level of trust in management [8]. The underlying arguments behind these are employees' resistance to change which are usually

©2016 Engineering and Technology Publishing doi: 10.12720/joams.4.1.72-76

due to a lack of information [16]. For instance, in the case of OMV Petrom organization facing resistance to change due to a lack of information and misunderstood of information on the change [16]. This can be overcome through a good communication planning, and providing room for participation. Once these are in place, they will help to build trust in management. These three elements constitute the Change Process Characteristics (CPC) and should be incorporated in the LPS initiatives [8].

Perception of change and how people react to it is usually not uniform [14]. Even when the organization takes steps to manage the change process, employees' reaction to it will be shaped by a number of variables. For instance, differences in preference for stability and predictability are also expected to shape the employees' reaction to change. Indeed, people with a high for structure is difficult to deal with unstable and uncertain conditions such the changed situations [17]. This preference for stability is rooted in the personality of those affected by change [18]. The LPS initiatives require considerable change and adjustments to processes, routines and work behaviour. Not everyone will find these changes easy to cope with [18].

Organizational change interventions are experienced by employees through the agencies of their leaders [19]. Yet, leaders in the organizations have different levels of effectiveness. As such, what the experienced employees have with their direct leaders can shape their understanding and attitude towards the change initiative [20]. It can also enhance or reduce their resistance to the change.

In addition, individuals' reaction to change is affected by their assessment of their ability to cope and undergo the change expected of them [21]. Individuals equipped with multiple skills are more flexible and are more prepared to adapt to new skills requirements [22]. On the other hand, those who have a more limited skills base will find themselves ill-equipped to deal with change. This more positive self-assessment people with a broad skill set have of themselves is termed as Role Breadth Self-Efficacy (RBSE) [23]. This is a reason why multi-skilling is considered an important enabler in the LPS implementation [24].

We propose that an individual's reaction to the LPS initiative will be affected by the quality of the relationship followers have with their direct leaders and their RBSE.

# A. Change and Resistance

Resistance to change is more likely when the change process is seen as a complex and requires considerable adaptation. Individuals facing such change need to let go of their old habits and work patterns and adopts new ones [18]. There are many reasons as to why people resist change. Many of these reasons are due to personal characteristics. These characteristics include a reluctance to lose control, cognitive rigidity, intolerance with adjustment periods, a lack of psychological resilience, a preference for low level of stimulation and novelty, and a reluctance to give up old habits [18]. These characteristics discussed are mostly rooted in the personality of the followers and related to their Need for Structure (NFS). This paper proposes that an individual's Need for Structure (NFS) shapes his reaction to change.

As mentioned earlier, employees may also resist change when there is a lack of information and involvement and their trust level in management is low. It is therefore important for the organizations to manage the change process diligently by incorporating the three elements of CPC. Therefore, this paper proposes that Change Process Characteristics and Need for Structure affects the employees' resistance to change.

Communication of information involves managing the flow of information on the need for change and includes issues such as the rationale for change, anticipated events and new work roles [15]-[16]. An improvement of information flow will provide employees with a better understanding of the change initiatives and reduce uncertainty about the change. In an LPS initiative, the employees need to understand the goals of the program, learn new tools, and change their work habits. All these require for a quality communication planning, as emphasized by many authors as having a vital role in the change process [9], [25]-[26].

Increasing employees' involvement is another important factor for success in the change initiatives. In every change initiative, there is a need to generate employees' support for the change program [8], [15], [27]. One key mechanism for doing this is by getting them involved in the planning of change process. For instance, Bill Smith, the ISC's Americas manufacturing manager, allowed and encouraged his employees to participate in implementing a new approach such as the Lean Production System (LPS) practice [12].

As argued earlier trust in management is a vital element in gaining the employees' confidence in management. This includes trusting management's integrity, reliability and credibility in handling the organizational change [28]. The development of trust involves building a positive relationship with employees in order to gain their support in the change process [8]. Employees need to trust the motive for management in introducing the LPS and their ability to lead the transformation. Communication and involvement can help to build this trust [15], [25]. These three elements are part of a triangle that can enhance change effectiveness and reduce resistance during the LPS implementation. Therefore, this study will examine the relationship between Change Process Characteristics (CPC) and resistance to change. We therefore propose:

Proposition 1:

The three elements of Change Process Characteristics (CPC) are negatively related to the level of employees' resistance the in the LPS initiatives.

Proposition 1a:

The presence of effective information dissemination is negatively associated on the level of employees' resistance in the LPS initiatives.

Proposition 1b:

The level of employees' participation is negatively related with the level of employees' resistance in the LPS initiatives. Proposition 1c:

Perception of trust in management is negatively related to the level of employees' resistance in the LPS initiatives.

We expect that personality differences will also react differently to LPS initiatives. We argue that one predictor of reaction to change is tied to an individual's Need for Structure (NFS). The literature defines Need for Structure (NFS) as the individual's preference seeking for simple structure or low tolerance with less structure and ambiguity [29]. Individuals with high NFS prefer a more simple structure and predictability. In addition, those with high NFS more likely to resist change because changes disrupt stability and predictability that they seek. On the other hands, low NFS individuals tend to have high tolerance of low structure and ambiguity that people often experience as an organization undergo change [29]. People with high NFS are less likely to generate new ideas and perception of reality. Instead, they are more likely to cling to their existing knowledge and continue to rely on it to guide their perception and behaviour [40]. We therefore expect that:

Proposition 2:

Need for Structure (NFS) is positively related to employees' resistance to change in the LPS initiatives.

# III. MODERATING EFFECTS

#### A. Leader- Member Exchange and Resistance

Even when organizations take steps to develop the three components of the Change Process Characteristics during the implementation of their LPS program, individuals' variation can still affect the effectiveness of the change initiatives. Specifically, we propose that a leader's quality of relationship with the followers can moderate the relationship between Change Process Characteristics (CPC) components and Need for Structure (NFS) with employees' resistance to change.

The quality of the relationship a leader has with his followers influences the nature of the exchange that takes place between the leader and his followers. Generally, Leader-Member Exchange (LMX) is defined as the quality of exchange between leader and the follower as well as the degree of emotional support and exchange of valuable resources [30]. Previous studies have examined the impact of Leader-Member Exchange (LMX), as to why the leadership roles is vital in change management [8], [31].

Members who experience high quality LMX will have the chance to access more information, have more opportunity for involvement and develop a high trust relationship [32]. On the other hand, those who experience low quality of LMX are more likely to resist the change due to having less information. They also experience a more distant relationship with their direct leaders thus having little room for participation. The trust developed by the followers who experience high quality LMX reduces their expectations of immediate returns for their effort [33]. Instead, they will develop a belief that leaders will act in their long-term interest.

The components of Change Process Characteristics (CPC) are basically steps that can be taken by the top management of the organization in ensuring the success of their LPS initiative. However, employees deal with their direct leader on a more frequent basis than with members of top management [34]. It is the direct leaders whose presence is more tangible and felt by the employees. Therefore, the quality of the LMX that an employee has with his or her direct leader can affect the perception as well as the ability to undergo change. For instance, a lot of information on the LPS initiative is discussed by employees with their direct leader. It is their direct leader who translates the communication from top management into specific actions. A key element in managing change is mobilizing people to execute change [11]. Thus, direct leaders are the focal persons in mobilizing team members during change.

Likewise, room for employee participation and access to information during the LPS initiative is affected by the behaviour of the direct leader. This is depends on the way the direct leaders leads the change. It means that the direct leader is the translator, facilitator, and implementer [35]-[36] to create the willingness of the employees to adapt to the changes. We therefore expect that the quality of Leader-Member Exchange (LMX) between employees and their direct leaders will influence the extent to which Change Process Characteristics (CPC) can reduce the resistance. Consequently, the trust employees have to top management will be affected by the information and interpretations they receive from their direct leaders. We therefore propose:

Proposition 3a:

The relationship between presence of an effective communication and employees' resistance to change in the LPS initiatives is moderated by the LMX quality.

Proposition 3b:

The relationship between level of employees' participation and employees' resistance to change in the LPS initiatives is moderated by the LMX quality.

Proposition 3c:

The relationship between trust in management and resistance in the LPS initiatives is moderated by the LMX quality.

LMX can also overcome the impeding effect of high NFS when the leader offers a high quality of LMX. Employees who enjoy a high quality LMX are more likely to feel assured in spite of the uncertainties they may experience during the LPS implementation. This is due to the greater assess of information provided by the leader in order to develop trust with the employees [32]. Henceforth, their direct leaders can help allay any fears they may have. We therefore propose:

Proposition 4:

The relationship between Need for Structure (NFS) and resistance in the LPS initiatives is moderated by the LMX quality.

# B. Role Breadth Self- Efficacy and Resistance

Self-efficacy is defined as the individuals' belief in his capability to perform tasks [37]. This belief can include one's assessment of his ability to cope with new

challenges. Role Breadth Self-Efficacy (RBSE) is a form of self-efficacy which refers to the degree of people's belief or confidence that they have the capability to perform broader tasks besides the immediate technical work [23].

Individuals with high RBSE are likely to react positively when faced with new job challenges [21]. This is because they are usually positive towards their ability to succeed when dealing with a changing situation [38]. This positive reaction towards the change, requires them to learn new routines and skills [23]. As a result, this response will show an acceptance towards change. It is therefore expected that high RBSE individuals' are less likely to resist towards changes than those with low RBSE.

Hence, the positive effects of the Change Process Characteristics (CPC) components are more likely to be even more profound among employees with high RBSE. We therefore propose:

Proposition 5a:

The relationship between presence of an effective communication and employees' resistance to change in the LPS initiatives is moderated by RBSE.

Proposition 5b:

The relationship between the level of employees' participation and resistance in the LPS initiatives is moderated by RBSE.

Proposition 5c:

The relationship between trust in management and resistance in the LPS initiatives is moderated by RBSE.

Likewise, individuals with high NFS will feel confident when dealing with uncertainties during LPS initiatives because their RBSE enables them to seek and develop structure. We therefore argue:

Proposition 6:

The relationship between NFS and resistance in the LPS initiatives is moderated by RBSE.

# IV. CONCLUSION

Change management is vital for a successful LPS implementation. Nevertheless, many of the LPS initiatives failed due to various reasons. However, change management can be made more effective by managing change process effectively (i.e. improving information dissemination, increasing employees' involvement and developing trust in management) [8].

We propose that by linking the discussion on the LPS implementation with models and theories of organizational change, we improve our understanding of how make the organizations more ready for the LPS implementation.

#### ACKNOWLEDGEMENT

The authors would like to take this opportunity to thank to all for those who are directly or indirectly involved in conducting this study with a great commitment and support. This paper supported in a part by fellowship grant given by our institute, Malaysia-Japan International Institute of Technology (MJIIT), Universiti Teknologi Malaysia (UTM), Malaysia.

## REFERENCES

- M. M. Ullah, "The emerging roles Of HR professionals in driving organizational change," J. Knowl. Manag. Econ. Inf. Technol., no. 3, 2012.
- [2] E. F. Turesky and P. Connell, "Off the rails: Understanding the derailment of a lean manufacturing initiative," *Organ. Manag. J.*, vol. 7, no. 2, pp. 110-132, June 2010.
- [3] R. Jenner, "Dissipative enterprises, chaos, and the principles of lean organizations," *Omega Int. J. Manag. Sci.*, vol. 26, no. 3, pp. 397-407, 1998.
- [4] R. Shah and P. T. Ward, "Lean manufacturing: Context, practice bundles, and performance," J. Oper. Manag., vol. 21, pp. 129-149, 2003.
- [5] L. Hansma and W. J. L. Elving, "Leading organizational change: The role of top management and supervisors in communicating organizational change," *Dep. Commun.*, pp. 1-36.
- [6] P. R. Lawrence, "How to deal with resistance to change," *Journal of Occupational and Environmental Medicine*, vol. 12, no. 5. p. 191, 1970.
- [7] P. Strebel, "Why do employees resist change?" *IEEE Eng. Manag. Rev.*, vol. 37, no. 3, pp. 60-66, 2009.
- [8] K. V. Dam, S. Oreg, and B. Schyns, "Daily work contexts and resistance to organisational change: The role of leader-member exchange, development climate, and change process characteristics," *Appl. Psychol.*, vol. 57, no. 2, pp. 313-334, Apr. 2008.
- [9] J. P. Kotter, "Leading change: Why transformation efforts fail the promise of the governed corporation," *Harv. Bus. Rev.*, 1995.
- [10] C. B. Eriksson, "The effects of change programs on employees" emotions," *Personnel Review*, vol. 33, no. 1. pp. 110-126, 2004.
- [11] P. Achanga, E. Shehab, R. Roy, and G. Nelder, "Critical success factors for lean implementation within SMEs," *J. Manuf. Technol. Manag.*, vol. 17, no. 4, pp. 460-471, 2006.
- [12] S. Minter. (2010). Measuring the success of lean. [Online]. Available: www.industryweek.com
- [13] L. Chen and B. Meng, "Why most Chinese enterprises fail in deploying lean production," *Asian Soc. Sci.*, vol. 6, no. 3, pp. 52-57, 2010.
- [14] W. H. Bovey and A. Hede, "Resistance to organisational change: The role of defence mechanisms," J. Manag. Psychol., vol. 16, no. 7, pp. 534-548, 2001.
- [15] J. Battilana, M. Gilmartin, M. Sengul, A. C. Pache, and J. A. Alexander, "Leadership competencies for implementing planned organizational change," *Leadersh. Q.*, vol. 21, no. 3, pp. 422-438, June 2010.
- [16] R. Mutihac, "Managing resistance and the use of internal communication in organizations undergoing change," 2010.
- [17] A. Hamtiaux, C. Houssemand, and M. Neely, "Adaptability, cognitive flexibility, personal need for structure, and rigidity," *Psychol. Res.*, vol. 2, no. 10, pp. 563-585, 2012.
- [18] S. Oreg, "Resistance to change: Developing an individual differences measure," J. Appl. Psychol., vol. 88, no. 4, pp. 680-693, 2003.
- [19] J. Marsee, "Steps for implementing change," 2002.
- [20] E. Hobman, B. Watson, L. Jones, and P. Bordia, "Employee perceptions of organizational change," *Australian Research Council*, pp. 1-40.
- [21] C. E. Cunningham, C. A. Woodward, H. S. Shannon, and J. MacIntosh, "Readiness for organizational change: A longitudinal study of workplace, psychological and behavioural correlates," *J. Occup. Organ. Psychol.*, vol. 75, no. 4, pp. 377-392, 2002.
- [22] S. Wu, "Impact of environmental uncertainty on human resource flexibility," in *Proc. 2010 International Conference on Business and Economics Research*, vol. 1, 2011, pp. 277-281.
- [23] S. K. Parker, "Enhancing role breadth self-efficacy: The roles of job enrichment and other organizational interventions," *J. Appl. Psychol.*, vol. 83, no. 6, pp. 835-52, Dec. 1998.

- [24] A. S. Sohal and A. Egglestone, "Lean production: Experience among Australian organizations," *Int. J. Oper. Prod. Manag.*, vol. 14, no. 11, pp. 35-51, 1994.
- [25] W. J. L. Elving, "The role of communication in organisational change," *Corp. Commun. An Int. J.*, vol. 10, no. 2, pp. 129-138, 2005.
- [26] L. K. Lewis, "Communicating change: Four cases of quaitiy programs," J. Bus. Commun., vol. 37, no. 2, pp. 128-155, 2000.
- [27] S. K. Piderit, "Rethinking resistance and recognizing ambivalence: A multidimentional view of attitudes toward an organizational change," *Academy of Management Review*, vol. 25, no. 4. pp. 783-794, 2000.
- [28] L. Li, "The effects of trust and shared vision on inward knowledge transfer in subsidiaries' intra- and inter-organizational relationships," *Int. Bus. Rev.*, vol. 14, no. 1, pp. 77-95, 2005.
- [29] S. L. Neuberg and J. T. Newsom, "Personal need for structure: Individual differences in the desire for simpler structure," *Journal of Personality and Social Psychology*, vol. 65, no. 1. pp. 113-131, 1993.
- [30] G. B. Graen and M. Uhl-bien, "Relationship-based approach to leadership: Development of Leader-Member Exchange (LMX) theory of leadership over 25 years: Applying a multi-level multidomain perspective relationship-based approach to leadership," *Leadersh. Q.* 6, vol. 2, no. 57, pp. 219-247, 1995.
- [31] A. A. Alshamasi, "Effectiveness of leader-member exchange (LMX) in the Saudi workplace context during times of organisational change : An investigation of LMX roles and their potential to enhance," University of Portsmouth, 2012.
- [32] G. H. Han, "Trust and career satisfaction: The role of LMX," *Career Dev. Int.*, vol. 15, no. 5, pp. 437-458, 2010.
- [33] M. UhlBien, "Reciprocity in manager-subordinate relationships: Components, configurations, and outcomes," *J. Manage.*, vol. 29, no. 4, pp. 511-532, Aug. 2003.
- [34] S. Hutchinson and J. Purcell, "Front line managers and the delivery of effective people management," 2008.
- [35] A. V. Kovacheva, "Challenges in lean implementation successful transformation towards lean enterprise," 2010.
- [36] J. Huntzinger, "The roots of lean training within industry: The origin of Japanese management and Kaizen," pp. 1-34.
- [37] A. Bandura, "Self-efficacy," *Encyclopedia of Human Behavior*, vol. 4, no. 1994. pp. 71-81, 1998.
- [38] A. Bandura, Self-Efficacy in Changing Societies, 1995, pp. 1-329.

[39] M. P. Zanna, "Attitude-behaviour consistency: Fulfilling the need for cognitive structure," *Advances in Consumer Research*, vol. 16, pp. 318-320.



Nur Izzah Mohd Radzi was born on 17<sup>th</sup> July 1990 in Wilayah Persekutuan, Malaysia. The author earned her Bachelor (Hons) in International Business at MARA University of Technology (UiTM), Malacca City Campus, Malaysia in 2013. Currently, the author is furthering her study by doing a Master in Philosophy (MPhil) in Management of Technology at Universiti Teknologi Malaysia (UTM) in Kuala Lumpur, Malaysia under

faculty of Malaysia-Japan International Institute of Technology (MJIIT). Previously, she worked with Malaysia International Shipping Corporation (MISC) under the Contractor's Contract Management department for the internship program. It was a great exposure for her to experience a real working environment and business challenges. At present, she interested in studying in depth on change management and planned to measure on leadership scope (i.e. Leader-Member Exchange) as previously her research was discussed on the impact of leadership styles on the employees' performance.

Prof. Dr. Rozhan Othman was born on 15th May 1962 in Alor Setar, Kedah, Malaysia. The author earned his BBA and MBA from Ohio University and his PhD from University College Dublin. He has been in academia for more than 30 years. The author teaches mainly in the master and doctoral levels. He had served at Universiti Putra Malaysia (UPM), Universiti Kebangsaan Malaysia (UKM), University Brunei Darussalam and the International Islamic University Malaysia (UIAM). Currently, he is professor at Malaysia-Japan International Institute of Technology (MJIIT), Universiti Teknologi Malaysia (UTM), Malaysia. He has provided consultancy services to organizations in and outside Malaysia. Prof. Dr. Rozhan Othman is a member of the Academy of Management and a member of JICA Alumni Malaysia. He has published numerous journal articles, books and papers. His fields of research interest are Human Resource Management (HRM), Talent Management, Leadership, Value Configurations and Strategy Implementation.